PRINCIPAL’S REPORT

A big thank you to the entire school community regarding last week’s show of support given to the school during the events associated with the passing away of Ms Naga Sree Pitta. It was sudden and unexpected for us all and by keeping your children at home last Thursday at short notice, it allowed the school staff to say goodbye to a kind and well regarded colleague.

As we approach the end of term one there are some events to keep in mind. Year 12 are engaged in examinations in the last week of term and we wish them good luck. I am sure they have prepared themselves well by performing regular revision/study leading up to the exams, asking their teachers questions about concepts they are having difficulty with and going over past examination papers. There are no normal classes timetabled for year 12 during exam week with students only expected to be at school during the timing of scheduled exams. Students must be in school uniform and are able to stay at school to study or meet with their teachers if they choose.

Year 11 will be approaching the end of their first units of work and no doubt they will have assessments to complete as well. The junior school will also be completing assessment tasks, whether they are Student Research Projects, unit tests or practical assessments. Learning is important as it provides students with the ability to make choices on their future careers. I emphasise that completing homework and assignments is compulsory and it is essential that all students regardless of school year, organise their time efficiently and focus on applying themselves with best effort in completing all tasks that are set by classroom teachers.

I would like to remind all that school is a place of learning and students should come prepared with all equipment needed, including their timetable. With the onset of Autumn, I remind parents as the jumpers come out of the wardrobe that our school is a uniform school and like sporting teams and workplaces, uniform is important. Coloured jumpers are not part of our winter uniform. Also, school beanies are now available for sale from the office. They are locally produced, woollen with the school logo and only cost $15. Those students who have trouble engaging in school are often the ones out of uniform. Just a final reminder, “if you look the part, you will play the part”.

ANZAC Day Ceremony
Our ceremony will be held at 11:15am on Friday 12th April at school under the COLA.

Forbes High School has traditionally supported the RSL and I am very proud of how our students show their respect towards this event. I would appreciate as many students as possible being in attendance at Cross Street on Thursday 25th April at 10.00am for a 10.15am start.

School Development Days
The NSW Government has given all NSW Schools an extra School Development Day (SDD) in Term 2 to assist teachers with the development and implementation of the new Australian Curriculum to commence in 2014. In response to this, Monday 29th April and Tuesday 30th April will both be School Development Days and normal lessons for all students will resume on Wednesday 1st May.

I wish students, parents and staff a very happy and safe holiday.

DAVID HARRIS
FORBES HIGH SCHOOL WINS SCIENCE AND ENGINEERING CHALLENGE 2013

On Thursday 14th March, 26 year 10 students from Forbes High School participated in the Rotary Science and Engineering Challenge. Forbes High competed against Red Bend Catholic College, Saint Raphael's and Parkes Christian School as well as West Wyalong, Parkes and Cowra High schools. Each school competed in a number of events that tested their creative, construction and problem solving skills. The events ranged from constructing electrical circuits and signal receivers, bridge and catapult construction to hover, suspension and air driven vehicles. After all events concluded Forbes High School had performed the most consistently and was awarded champions of the Central West Region. The students from Forbes High are now eligible to attend the state final held in Sydney.

Mr Damian Byrne, Science teacher at Forbes High School stated “I was extremely proud of the effort every student put into their tasks. All of the values we endeavor to instill in our students were portrayed. Their tenacity and perseverance across all events was outstanding and I congratulate all of them on their achievement.”

CHESS COMPETITION WIN FOR FORBES HIGH

On Tuesday 26th March, the Forbes High School Chess team travelled to Red Bend Catholic College to compete in the NSW Country Secondary Schools chess team knockout competition. The team, consisting of Daniel Stevenson, Michael Todd, Patrick Maybury and Hamish McIntosh played against a determined Red Bend team. Whilst Patrick and Hamish both lost their matches, Daniel and Michael had a win against their respective opponents. Michael’s match was particularly intense, with the game lasting 1 hour and 20 minutes! Although each school had two wins each, the Forbes High School team was the eventual winner which was very exciting! I would like to personally congratulate the boys on their stellar effort and their professionalism against the other team. We now eagerly wait to see who we will be playing in the next round!

Ms Northam

CHS WESTERN NETBALL

On Thursday 21st March, 2013, the Forbes High School Opens Netball team travelled to Orange for the CHS Western knockout competition. Our team was in a pool with two other teams, Kelso and Orange High. Our first game started a little rough but the girls pulled through with a convincing win. The next round was a bye so the girls were ready and raring to go for their final round game against Orange High. This was a tough match and the girls played well together, however Orange High were too strong. Overall, FHS came second in their pool and played Lithgow in the finals. Whilst the girls played with determination, they ended up losing to the Lithgow team.

I would like to commend the girls on their effort and sportsmanship throughout the day. They played extremely well and should be very proud of their efforts. I would especially like to thank Mrs Morrison, Mrs Cowhan and Mrs Moon for driving the girls to Orange for the carnival.
SOCCER – ROUND 1 REPORT
On Wednesday 27th February, both the girls and boys soccer teams travelled to Wellington for the first round of the CHS knockout. Having rained constantly for a few days prior, we were convinced that we would be getting wet and muddy but the sun shone brightly for the whole day. After playing in hot, very humid conditions, both teams said they would have rather played in the rain!

The girls were up first and started very strongly against their opposition. Darcie Morrison and Isabelle Cowhan were controlling the midfield while Maxine Nolan was proving dangerous up front. Grace Goodall and Sam Jones were strong in defence and it wasn’t until late in the first half that Wellington were successful in penetrating the defence.

Going into half time 2-0 down, the team was confident that we could claw back but unfortunately it wasn’t to be. Sophie Fuge, Bronte Haynes and Catherine Hemphill all ran well on the wings and supported the midfield with Maxine supporting Shae Hapgood up front. A great passage of play did see Isabelle capitalise and put the ball in the back of the net but it was the only goal to be registered for our team for the day.

Raine Piercy had a good game as goalkeeper but found it very hard when her own players started kicking balls her way! The highlight of the day was the three goals that the Forbes girls scored (even though two were at the wrong end!)

Most valuable players were Darcie Morrison and Grace Goodall.

The boys were up next and also had very trying conditions to play in. They came into the match well prepared with the students having selected, coached and trained themselves in the lead up to the match. Mark Buttriss, Oliver Dagger, Jason Hoswell and Tom Quigley showed good leadership guiding the younger players around the park and choosing positions that suited all players. Matt Molloy and Tom Williams also deserve special mention, marking boys that were much older and bigger than them. The game was very even with both teams going goal for goal and it looked as if it was going to go into extra time. Tom Q did a great job in goals and looked very tall considering he could rest his arms on the crossbar.

In the final few minutes of the game Forbes had their breakthrough and capitalised from some clever play by Sam Williams and the midfield. They finished the match one goal up and will now go through to the second round to meet Mudgee.

Thanks must go to Mr West for driving the bus and running the boys on the day.

SOCCER – ROUND 2 REPORT
Forbes High had a great day out at the expense of a highly rated team from Mudgee High. The game was played at Forbes Botanical Gardens on Tuesday April 2nd, 2013.

Forbes High quickly hit the lead with a powerful shot from Oliver Dagger landing in the back of the Mudgee net in the second minute. Then for the remainder of the half, Mudgee had more possession than our team but couldn’t convert their chances on goal. Great defence from our backs Tom Williams, Matt Molloy, Bailey Burling, Michael Todd and Jake Fitzgerald not to mention fill-in goalkeeper Jarrod Andrews kept our school in front.

Despite not having much of the ball, our team looked sharp and looked dangerous near the Mudgee goal. After 29 minutes, Nick Greenhalgh scored our second goal.

In the second half, Mudgee continued to have more ball than Forbes but couldn’t put the ball in the back of our net, and began to show frustration. Then Jarrod Nicholson (53rd minute) then Sam Williams (64th minute) converted to complete the 4-0 win.

A great effort by the boys. They now enter Round 3 of the CHS knock-out competition playing the winner of Dubbo Senior College vs Kandos High.

Mr Blyth and Mrs Jones

WESTERN OPEN NETBALL REPRESENTATIVE
Following the Open Netball knockout held in Orange on the 28th March trials for the Western Open Netball Squad were held. Jessica Pascoe and Darcie Morrison were invited to attend the trials from the previous week.

Both girls trialled exceptionally well with Darcie being selected in the team with Jess narrowly missing out. Darcie will now attend the CHS State Netball Championships and Trials in Tamworth in May
Easter Raffle Winners
Thank you to all the families who supported this raffle by donating Easter Eggs, baskets and other goodies to make the wonderful array of prizes and by purchasing tickets. The raffle raised just under $1000.00 and there were 33 prizes in total. The book sellers prizes went to Claudia Bosma and Ryan Glennan and the other winners are as follows: Rhonda Yell, Sarah Simmonds, Dan Ashcroft, Toby Lindsay, Karen Beslich, Kerry Smith, B Kupkee, Judy Prior, Mitch Ashcroft, Sam Williams, Erin Moon, Grace Quirk, Mr Dwyer, Jett Lindsay, Dylan Caines, Mr West, Nigel Slaven, Vicki Den, Maddi Cowan, H Brunt, Sophie Cowan, Darcie Shaw, Annette Harris, Britney Dukes, Kaaren Hanley, Megan Messenger, Madi Haynes, D Crawley, Darcie Morrison, Julie Shipway and Nathan Molloy. Congratulations to all the prize winners and I hope you enjoyed them.

Canteen News
It is with great sadness that we announce the retirement of our Canteen Supervisor, of 23 years, Mrs Annette Tisdell. Mrs Tisdell will be retiring from her position at the end of this term to pursue her Lawn Bowls Career and we wish her all the best for her future endeavours.

A farewell dinner will be held for Annette on Wednesday 8th May at the Ben Hall Thai Restaurant at 7pm. RSVP for catering purposes to Anita 0405364512.

Canteen Volunteers Needed
Girls day out - free lunch, free drinks, free tea and coffee, free entertainment.
Where else can you meet new people, talk to your kid’s teachers, meet your kid’s friends, see your kid’s in action in the playground and maybe even meet our principal.
Volunteering at our school is not a chore, it’s easy.
Your duties for the day will be:
- Making simple healthy canteen lunches for our fabulous students and staff
- Meeting students at recess and lunch
- Stepping out for a lunch
- Having a good laugh, lots of fun and a chat
- Make the day even more fun and bring a friend or two with you... And it’s all free.
Please contact Chris on 68522666 or Anita on 0405364512 or fill in the tear-off below and send it back to school.

P&C Meeting Reminder
The Annual General Meeting was held last month on Tuesday 12th March, we were unable to elect a Minutes Secretary and are seeking a suitable person who would like to take on the role. If you are interested in becoming involved in your child’s school and would like to meet new people and form new friendships please contact Anita Morrison on 0405364512 or come along to our next meeting.

The next general meeting of the P&C is scheduled for next Tuesday 9th April commencing at 7.00pm at the Forbes Services Memorial Club. Meetings are informal and a great opportunity to learn more about your child’s school. We will be discussing Education Week Open Day, School Uniform, Fundraising Ideas and many other important issues. We look forward to seeing you then and please bring a friend.

Position Vacant - Canteen Supervisor
Forbes High School Parents and Citizens’ Association is currently seeking applications for the position of Permanent Casual Canteen Supervisor. The successful applicant will be responsible for the day-to-day operation of the school canteen.
Salary: In accordance with Fast Food Industry (Modern) Award (Level 3) at casual rates including holiday loading.
This position involves working seven hours per day, approximately 7.30 am – 2.30 pm, Monday to Friday, including a 30 minute break, during the normal school operational calendar.
An information pack for this position is available from the school administration office, during school hours. Call at the office, (Wyndham Avenue entry) or phone 6852 2666 to receive an information pack. Written applications must be on the official application form contained in the information pack.
Closing date/time for receipt of applications Friday 12 April 2013, 3.00 pm.
Contact person: Anita Morrison, 0405364512 (work hours) or 02 68511147, (after hours).

SCHOOL WEBSITE
The school website is constantly being updated with new photos, calendar dates and information. Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.

Canteen Volunteers Slip
(Please pass this on to the school canteen)
Volunteers Name ________________________________
Phone No. ________________________________
**ART NEWS**

**Art Express Excursion**
Students in years 9, 10, 11 and 12 enjoyed a day out in Orange recently visiting the Orange Regional Art Gallery. Works from the galleries own collection were on view as well as the best of the 2012 Year 12 students HSC Works. The Art Express Exhibition showcases the ‘Body of Work’ submitted by Year 12 students for their final assessment. The exhibition contained a wide variety of works in all of the creative forms, and it is important for students to see these works are awarded the highest grades for technical proficiency, resolution of ideas and conceptual significance. We all enjoyed the day out of school and it was a pleasure to travel with such a wonderful well behaved group of students.

**Art Express Studio Intensive**
A group of senior students participated in an intensive day of instruction in one of the Artist Studios at the Gallery. Patrick Mayberry, Chloe Haines, Olivia Inwood and Mariah Krienke enjoyed a day of intensive drawing and skill development, which they all enjoyed and appreciated participating in. The event was sponsored by the Orange Regional Art Gallery and Art Express.

**Competitions**
Just a reminder to students that there are many current exhibitions for students to enter if interested. Closing dates are looming and entry forms can be obtained from the Visual Arts Staff or you can go on line and download application forms.

**Waste To Art**
Entries due the 15th May. The competition encourages the concept of Reduce, Reuse, and Recycle. Winners will receive Cash Prizes and will be included in the Regional Exhibition in Bourke in June.

**Heritage Week Art Competition**
Entries must be received by the 15th April. The focus this year is the ‘Commerce of Forbes Shire- Past or Present.’ Students can enter Photography or Drawing sections on this theme. There are some great prizes so make sure entries are in on time.

**Coming Up**
We are hoping to take year 7 and 8 students to visit the Cowra Regional Art Gallery and the beautiful Japanese Gardens in Term 2. The regions Calleen Art Award will be on display and is inspiring for students to see the skill and talent of regional artists.

**IMMUNISATION**
Immunisations will take place again on Thursday May 9th. These immunisations involve both boys and girls in Year 7, and boys only in Year 9.

**STEWART HOUSE**
Reminder - Stewart House envelopes due back by May 10th to be in the draw.

**FOOD TECHNOLOGY – RECIPE OF THE WEEK**

**Vegetarian Curry Couscous**
Serves 2
Preparation time: 15 mins
Cooking time: 15 min

**Ingredients**
- 3 teaspoons margarine
- 1/8 red capsicum, roughly chopped
- ¼ onion, finely chopped
- ½ teaspoon curry powder
- ¾ cup vegetable stock
- 2/3 cup couscous
- 3 tablespoons corn kernels
- 2 tablespoons sultanas
- 2 teaspoons parsley, chopped finely

**Method**
1. Melt margarine. Add capsicum and onion and cook until soft
2. Add curry powder. Stir
3. Add stock and bring to the boil
4. Add couscous. Remove from heat, cover and stand for 5 minutes
5. Add corn, sultanas and parsley
6. Serve hot

**Design options**
Use a variety of dried fruits, such as pitted dates. Replace the parsley with chopped mint or chives.

At Art Express this sculpture of the eagle was most admired by all students.
**SRC NEWS**
The SRC have been busy this term with two fundraisers - Pink Stumps Day and the Secret Easter Bunny.

On Friday the 15th March, Forbes High School held a Pink Stumps Day to help raise money for the McGrath Foundation. McGrath Foundation has 81 McGrath Breast Cancer Nurses working in communities helping to support more than 19,300 families experiencing breast cancer. This organisation is working together to raise money to employ more nurses to help. On the day we held the head shaving where 8 brave students shedded their locks to raise money for this worthy cause.

A special thank you to the people who volunteered to shave their heads, this was a brave and tremendous effort and it is greatly appreciated - Isabelle Cowhan, Maddie Woodbridge, Will Dukes, Oliver Carlisle, Isac Stewart, Sam Clarke, Mitchell Andrews and Corey Hurford. A special mention needs to go to these students as they volunteered their time to go and raise money with Isabelle Cowhan approaching businesses for donations. It is warming to find how generous the community of Forbes are. Thank you to Isabelle and her family for the donations of the pink cupcakes and pink pretzels which were sold on the day. Thank you to our hairdressers Joy Russell and Julie Bourke.

The day was a huge success and we would like to thank everyone who dressed up in pink and made a donation.

With everyone’s kind donations and the selling of ice cream, we managed to raise $2500. This is a fantastic effort, so much money for such a great cause.

**BASKETBALL**

On March 1st our Open boys and girls basketball teams travelled to West Wyalong to compete in round one of the Combined High School knockout competition.

It was a competitive start with the girls meeting their match – West Wyalong. We played well but had a lot of teething issues, we took the court straight after getting off the bus and our girls were a little anxious to meet this team. We put more points on the board in the second half but failed to meet the mark and take a win. The scored ended up 21-10 West Wyalong way.

In our second game we played extremely well getting a win against our rivals Parkes. The girls played well with Parkes showing some teething issues, where our girls took full advantage of this and got an easy win. It was a great game for our girls to bond and mould as a team. The scored ended up 35 -6.

Our third game was a little more challenging against Cowra High School. They show ability in their way of driving the ball into the key. Our girls played a tight zone which threw a spanner into Cowra’s attack. There were times in the game where we made some errors in our attack but with more confidence our girls would shine above the rest.

It was disappointing for the girls meeting West Wyalong in the first game as Parkes went on to beat West Wyalong. Our girls defeated Parkes easily.

Our girls progressed to the next round at Bathurst but due to other commitments we could not field a team.
OPEN'S TOUCH FOOTBALL
The boys and girls touch football teams travelled to Botanical Gardens to play Condobolin High School. The girls started the game with impressive defence keeping Condo out for the first ten minutes. It wasn't long before the girls felt the pinch with only having one substitute and let in a try on our try line. Just a simple marking up mistake saw Condo’s name on the scoreboard. Our girls got in another quick try to bring the score to 3-1. It was Condo’s tap that got them 1 easy point and scored off the tap.

The second half saw our Forbes girls score three more tries and Condo one more. We were very impressed with the girls efforts as it was a hot day and we were missing a sleek combo – Jess Pascoe due to National Athletics commitments and Carly Morrison due to surgery. The girls were successful winning 6-4 and the boys won 5-4.

We would like to thank Mr Hoy and Miss McConnell for coaching us and thank you to Mr West for driving the bus.

The teams now move onto the next round and will be playing against Wellington High School on Friday 5th April.

Back: Regan Draper, Darcie Morrison, Nicole Morrison, Monica Pascoe
Front: Maddie Woodbridge, Sophie Fuge and Mel Cowhan
Absent Carly Morrison and Jess Pascoe

2013 INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)
For over 30 years, ICAS has taken place each year in schools throughout Australia, New Zealand, Singapore, Malaysia, Brunei, the Pacific region and South Africa. Your child is invited to participate in ICAS in 2013. All students receive a certificate and an individual student report indicating which questions they answered correctly and their score compared with the rest of the students tested. The tests are an excellent preparation for National tests and the student report is useful for highlighting your child’s strengths and weaknesses. The UNSW certificate and individual student report are also suitable for your child to include in a portfolio.

Students may enter in any or all of the following competitions:

<table>
<thead>
<tr>
<th>Competition</th>
<th>Date</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science</td>
<td>5 June 2013</td>
<td>$8.80</td>
</tr>
<tr>
<td>Writing</td>
<td>17 June 2013</td>
<td>$18.70</td>
</tr>
<tr>
<td>English</td>
<td>31 July 2013</td>
<td>$8.80</td>
</tr>
<tr>
<td>Mathematics</td>
<td>13 August 2013</td>
<td>$8.80</td>
</tr>
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If you wish your child to participate in any of these competitions, please obtain the permission form from the front office or Ms Pizarro and return it to the Bursar’s Office with your entry fee by 8th April, 2013.

FOR SALE - PEARL DRUM KIT
Green in colour with brand new natural wood snare drum (worth $160 by itself).
Includes all hardware & cymbals.
$400.00 ono
Phone Mr Ruttan at FHS on 6852 2666

LOST PROPERTY
Forbes High School have been doing an “autumn” clean and have found a lot of belongings that need to be collected ranging from the following;
3 x Navy School Woollen Jumpers 5 x Navy School Sloppy Joes
7 x Grey School Shorts 17 x Grey School Trousers
7 x Navy School Shorts 5 x Beach Towels
Other items include sleeping bag, tennis racquet, joggers, jeans, shirts, hats, red dress, blue goggles, water bottle (blue) and bags, if you want to recollect these items, please come to the front office otherwise they will be donated to the School Pool or to Vinnie’s.

Congratulations to the Forbes High School students who have been nominated for the Youth Week Awards. Best of luck at tonight’s Award ceremony.
COMMUNITY HARMONY DAY

Forbes Shire Council held a very successful 2013 Harmony Day Celebrations on Thursday 21st March at the Forbes Youth and Community Centre. The evening consisted of a shared dinner and local book launch “Many Stories – One Australia”. Forbes High School Student Viktoria Tempel contributed her own unique story which was published in the book along with more than twenty other stories from migrant, aboriginal and local families.

Forbes High School Student Representative Council members, Darcie Morrison, Carly Morrison and Tom Quigley presented a special slideshow presentation which they had prepared for the school’s celebrations earlier in the week which was well received by the participants.

The Quigley brother’s, Tom and Nic, provided musical entertainment for the evening and Eliza Woods gave an energetic dance performance which delighted everyone present especially the children.

TAFE NSW WESTERN INSTITUTE

Invites you to the FORBES COLLEGE information evening on Tuesday 9 April 2013 5:00 pm to 6:30 pm at FORBES COLLEGE Cnr Browne & Harold Streets
RSVP by Friday, 5 April 2013 to Marie Thomas via marie.thomas@det.nsw.edu.au or telephone (02)6853 9100
COME VISIT US AND YOU WILL:

Enjoy refreshments, learn more about the training courses that are currently available, benefits of our flexible delivery methods, chat about current courses,

NATIONAL YOUTH WEEK 5 – 14TH APRIL 2013

FRIDAY 5TH APRIL-
Phil Nunn ONE in 4! Presentation to High School students. Youth Wellness presentations

FRIDAY 5TH APRIL- YOUTH ROLLER-DISCO
Indoor sports centre, 1/2 PRICE $5 entry 12-25yrs (includes drink/chips) 8pm

FRIDAY 5TH APRIL- 2013 FORBES YOUTH WEEK AWARDS
Venue: Forbes Town hall 6:30pm-8:30pm, refreshments provided
Guest speaker Phil Nunn.

SUNDAY 7TH APRIL- FORBES YOUTH WEEK SPORTSFEST
Venue: Stephen Field 11am-4pm
Skate competition, & sports competition, must register $2 per person entry fee (includes free BBQ/dinks/info bag), climbing wall, mechanical bull, BBQ/dinks & Lucky spot prizes throughout the day.
Free town bus shuttle available when festival is over.

TUESDAY 9TH APRIL– TAFE OPEN DAY
Venue: Forbes TAFE campus Browne st, 5pm - 6:30pm. Refreshments available. Check out what’s on offer at Forbes TAFE.

FRIDAY 12TH APRIL- YOUTH ROLLER-DISCO
Indoor sports centre, 1/2 PRICE $5 entry 12-25yrs (includes drink/chips) 8pm

SATURDAY 13TH APRIL- SPECTACULAR SCREENINGS OUTDOOR MOVIE EVENT– Madagascar 3 & Step Up 4
Venue: King George IV Park (wet/ windy weather Youth & Community Centre) 6:30pm Free entry/ BBQ & Free town bus shuttle available

FORBES HOCKEY REGISTRATION DAYS

Registration and grading days for both Junior and Senior hockey players will be held on Wednesday 3rd and Wednesday 10th April. Juniors will be from 5.00-6.00pm and Seniors from 6.00-7.00pm.
Please come along to the Town Tennis Courts and register your interest to play either individually or as a team. Membership can be paid at these days which is just $50 for Juniors and $100 for Seniors. This covers the whole season with no other payments required.
Competition starts Wednesday 1st May.
For further information please contact Melissa Dukes (Publicity Officer and Junior Coordinator) on 0417801091

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