ATHLETICS CHAMPIONS


Congratulations to Jess Pascoe and Tyler Smith who broke records on the day. Jess broke the 800m intermediate event and Tyler the 16yrs boys high jump. Age champions and more will be announced in the next newsletter.
Well done to students and staff who have settled in so quickly into their routines after their well-earned break.

ANZAC Day Congratulations to the many students and staff who attended the Morning Ceremonies in Forbes. I have always been very proud of the respectful manner in which our school supports the ANZAC tradition.

HSC HSC students can now view their personal HSC examination timetable by logging into their Student’s Online account. I strongly advise all students to access their timetables if they have not already done so.

WOOLWORTHS EARN & LEARN Forbes High School is once again taking part in the Woolworths Earn & Learn promotion. We collected thousands of points during the 2012 promotion and, as a result, were able to order a wide range of educational resources. Stickers and collection sheets are available from Woolworths. The completed sheets can be dropped in the collection box located at the front office. We would appreciate your support in our participation in this promotion, which closes on Sunday 9th June 2013. We are very proud of our association with Woolworths and remind the school community of the wonderful support they provide us through the Breakfast Club that operates every Monday, Wednesday and Thursday.

FLASHING LIGHTS on CALARIE ROAD It is expected that flashing lights indicating 40km speed zones will be located along Calarie Road by June of this year.

NEW STAFF I would like to welcome Mr Bainbridge to the PE staff and Mr Harris to the Social Science Staff who have been recently appointed to permanent full time positions to our school. Welcome and congratulations to both of you. I would also like to announce the appointment of our new Canteen Manager, Ms Christine Crawford.

GONSKI REFORMS As you will no doubt be aware from media reports, the NSW Premier, Barry O’Farrell, announced a landmark funding agreement with the Australian Government after NSW became the first state to sign up to the Gonski national education reforms. This agreement means there will be an additional $5 billion funding for school education in NSW flowing from the Commonwealth and State governments. This will result in significant additional resources that will be progressively introduced over six years starting in 2014. The vast majority of the funding will go to schools and will be allocated to schools based on student need. Additional funding will also be available to support significant state-wide reforms in areas such as teacher quality and school empowerment.

COMMONWEALTH GOVERNMENT NATIONAL PARTNERSHIP LITERACY FUNDING Forbes High School is one of many schools in NSW to be given Commonwealth funding for literacy for 2013/14. Our school will receive $125 000 for Year 7 Literacy. Ms Townend will be coordinating this program which is hoped to establish sustained improvements in approaches to developing literacy.

DAVID HARRIS

LEADER RETIRES

After almost 40 years as an educator, Western NSW Regional Director, Carole McDiarmid will soon step back from leading the west’s 195 public schools, almost 40,000 students and more than 4000 staff. Our school has enjoyed a strong working relationship with Mrs McDiarmid during her time as Regional Director. Mrs McDiarmid has expressed confidence that our school and the others in Western NSW are in a strong position to continue to improve educational outcomes and benefits to students under the guidance of our enthusiastic and dedicated staff and through the combined resources of the public school network.

She said our students are advantaged by the region’s widely-recognised leadership in innovation and technology, our public schools’ strong commitment to social justice through education and our determination to see better outcomes for all students.

Although Mrs McDiarmid will be stepping back as an educational leader, she still plans to stay involved in schools and has already signed on as a ‘reading grandma’ at her grandson’s school.

Mrs McDiarmid is looking forward to the experience on the ‘other side of the desk’ and urges other grandparents or parents and community members with some spare time to seek opportunities to engage with their local public schools, regardless of whether they have children or grandchildren there as students. As well as offering a rewarding experience, involvement can bring immense benefits to the students.
### Soccer – Round 3 Report

Day 1 of Term 2 saw our Open Soccer team contesting Dubbo College (Senior Campus) for a berth in the semi-finals of the Western Region CHS knock-out.

Our opponents boasted a number of representative players who play with Bathurst Mariners, so we knew we had a battle on our hands.

The first half saw our team a little slow off the blocks – maybe too many holidays! For the first 25 minutes, Dubbo dominated the play and went ahead in the 15th minute.

The later part of the first half saw our boys get back into the game, and we enjoyed two good scoring opportunities. Half-time score Dubbo 1 – Forbes 0.

The second half was a real battle between two very good teams. Dubbo had more possession but we had some good ball movements as well.

In the final ten minutes, it seemed that Dubbo felt they had done enough to win the game – they seemed to become more defensive. But our boys never gave up, and in this last ten minutes of the game, we had our best chances and were the better team. We had a number of near misses – a direct free kick taken by Sam Williams took a ricochet and marginally missed the goal. Finally, with our boys looking better every minute, the final whistle sounded. Final score Dubbo 1 – Forbes 0.

An unfortunate end to the tournament for our boys, but a creditable effort against a classy team. We wish Dubbo well in the semi-finals.

On behalf of Mr West and Mrs Jones, I would like to commend our team on their efforts and sportsmanship this year. Each game was exciting to watch, and we look forward to doing it all again next year.

Mr Blyth

### Western Representatives

Grace Quigley and Nicole Morrison, both in Year 9, have been selected for the Western Region Dance Ensemble. Grace and Nicole were chosen based on the skills and abilities they displayed at a dance camp they attended in Dubbo in April. The girls will join with other dancers from around the region and perform at the Western Dance Festival in Bathurst as well as performing in their school dance troupe.

Western Region Touch Trials were held on Friday 3rd May in Wellington. Our Open Boys team played well during the day narrowly missing a spot in the finals. Two members of the boy’s team, Nicholas Greenhalgh and Mitchell Andrews, were selected as part of the Western Region Open team who will now travel to Nelson Bay to compete in the CHS State Carnival mid-June. The Open Girls Team was knocked out of the competition by Wellington but Darcie Morrison, Carly Morrison and Jessica Pascoe were selected to attend the trials. Darcie was successful in gaining a spot in the Western Open Girl's Team. She will now travel to Taren Point to compete in the CHS State Carnival at the beginning of June.

### Forbes Shire Council Youth Week Awards Evening

Forbes Shire Council held a very successful 2013 Youth Week Awards Evening on Friday 5th April 2013. Forbes High School was well represented with many of the Major Awards being won by our great students. Jaydon Holmes won the Encouragement Award, Olivia Inwood took out the Senior Academic Award, Chelsea Turner received the Junior Community Award and Elly Cheney was successful in the Senior Community Award category. Daniel Ashcroft won the Young Innovator Award and Youth Advisory Committee Member, Megan Skinner performed official duties as MC for the evening. Forbes High School Year 11 Hospitality students were responsible for the catering for the event which was fantastic with glowing feedback. Congratulations to Mrs Coote for her efforts and given direction to the students.

---

Thank you

Forbes High School would like to acknowledge the ongoing support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.
YEAR 9 ENGLISH CLASS CHANGES
Parents may be aware of the changes to Year 9 English classes at the beginning of Term 2. These changes have been made to Year 9 English classes only for several reasons. Teachers have commented throughout Term 1 that many students in all three classes were not performing to teacher expectations and seemed unprepared to make the required effort to improve their skills levels and knowledge of content to what is expected of Year 9 students. There are now three mixed ability groups. Some students may face changes at the beginning of Term 3 if they do not respond to the efforts to improve their learning this term.

Please be aware that if your student is not performing satisfactorily teachers will contact you by phone, letter or send out N Warnings if necessary.

If you have concerns about your child please contact either myself or the class teacher and we can discuss the issue(s) with you.

PUBLIC SPEAKING COMPETITION AT TULLAMORE
Congratulations to Jessy-Lea Byrne who was Highly Commended for her humorous speech entitled Our Peers Are Poor Listeners. She now goes on to compete in the regional finals of the CWA Public Speaking Competition to be held in Forbes on the 18th June. This is an outstanding achievement for Jessy as it is the second year running that she has won through to the second round of this competition.

Congratulations also to Maddi Collits, Chelsea Turner and Matthew Prow for their excellent speeches in the same competition. They all delivered very polished presentations and in the view of their coach, Mr Muller, were desperately unlucky not to be joining Jessy in the next round. Their speeches were highly engaging and delivered with great poise and confidence. They certainly will have benefitted greatly from their participation.

WRITING COMPETITION SUCCESS
Olivia Inwood entered, and was awarded third prize in the 150 years Crossing of the Blue Mountains Writing Competition run by our local MP John Cobb. This competition was open to all students in the Calare Electorate. For this competition Olivia had to submit a 500 word essay and compete against many students in the Calare Electorate. We congratulate Olivia on her efforts.

HELP GIVEN
Mrs Flannery will be available to help students who are having difficulty with assignments, homework or other work during school time. She will be available on Monday, Tuesday and Fridays 2nd half of lunch in the library. Bring yourself and your assignment for beneficial help.

BOS DISABILITY APPLICATIONS
The Board of Studies disability applications open term 3. If you are in Year 11 and need to apply for a disability provision for the HSC you need to see Mrs Flannery ASAP.

SENIOR CAREER NEWSLETTER – MAY 2013
- MyDay Teaching and Education (Bathurst CSU) – 4th June
- Careers in Automotive – www.maapmyfuture.com.au
- Deakin University Open Days
  - 4th August (Warnambool Campus)
  - 11th August (Geelong)
  - 25th August (Melbourne)
- The Sydney Morning Herald HSC and Careers Expo
  - 30th May – 2nd June
- Australian College of Nursing (ACN) Nursing and Health Expo 23rd June
- UOW Early Admission forms available online www.uow.edu.au/future/early-admission

YEAR 11 LAKE COWAL EXCURSION
Mr Damien Byrne and Mrs Karen Norris accompanied Year 11 to Lake Cowal for their Biology excursion. Below is the glowing letter from Sally Russell, Education Officer with Lake Cowal Conservation Centre and pictures taken on the day.

Hi Toni,
Thank you very much for your absolutely beautiful students and staff this week. They were all great. Hopefully I managed to give them or they found enough information for their assessment task.
They all worked very hard and got through heaps of work. They had interesting questions to ask and were genuinely interested throughout the day. There were lots of conversations about what we were doing while doing activities.
Please pass on my thanks to them for being so great, it was a pleasure to host them for the day.
Attached are a few photos - sorry these were the only ones I took - I was too busy doing bio stuff! If they have any other questions, by all means share my email address with them and they can contact me.
Thanks again
Sal
P&C MEETING
The next general meeting of the P&C is scheduled for Tuesday 11th June commencing at 7.00pm at the Forbes Services Memorial Club. Congratulations to Mrs Rona Ashcroft who has joined the P&C Executive Committee as Secretary. Rona is a welcome addition to our committee and we look forward to working with her.

CANTEEN NEWS
It is with great pleasure that we announce the appointment of Mrs Christine Crawford as Canteen Supervisor. Christine is no stranger to the Forbes High School community as she has been employed as canteen assistant for the past eight years. Christine has already commenced the Weekly Specials with great results and some very satisfied customers. We also welcome Mrs Robyne Cowhan as the new Canteen Assistant. Robyne is a mother and grandmother and is great addition to Forbes High School. A new canteen menu is now available from the website or school office. The next weekly special commencing on Monday 27th May is Ham, Cheese and Pineapple Open Melt for just $3. $5 Meal Deals are also available so come down to “The Snack Shack” and check out the new menu and specials.

CANTEEN VOLUNTEERS NEEDED
Nan’s & Pop’s need only apply.
Our canteen is offering grandparents a volunteers position in our canteen (for insurance purposes you must be under the age of 75). Bring back the memories of when you worked in the school tuck-shop.
We understand that golf, dancing, cycling, shopping, cooking classes, swimming, and bingo are exciting but so is our canteen.
Your duties for the day will be:
- Making simple lunches for our fabulous students
- Serving at recess and lunch
- Having a good laugh, lots of fun & a chat
- Bring a friend or two with you
And for your precious time we will provide you with a:
- Free school canteen lunch & drink
- As well as all the free tea and coffee you can drink
- And on your departure you will also receive a parting gift to remember us by.
Please contact Christine Crawford on 68522666

MAJOR FUNDRAISING INITIATIVE ON BEHALF OF THE FORBES HIGH SCHOOL P&C ASSOCIATION
We are conducting a Billy G’s Gourmet Cookie Dough Fundraiser as a major fundraiser for this term so we ask for your support. Family support is most appreciated.

Funds raised will provide additional resources for the students and the upgrade of our School Bus.
Students have received a Billy’s Gourmet Cookie Dough order form. An individual prize program has been included for every student /family that sells one or more tubs. The more tubs you sell the better the prize! There is a selection of over 55 prizes to choose from such as Barbie, Nerf, Hot Wheels, Razor and much, much more. If you have misplaced your order form, please see the staff at the Forbes High School office.

Please take the order form to your family, friends and work colleagues and even take the order form to your child’s sporting activities. Students who sell one or more tubs will be entitled to a prize of their choice and will also receive family discount vouchers for Baskin Robbins, Stefan salon, AMF Bowling and Pixie Photos valued at $140.

WIN AN IPAD – each student has the chance to win an iPad. At the end of each term a winner will be selected. If one of our students wins the prize our school will win two ipads. So don’t forget to enter. For more details on this promotion and how to enter, please view the inside of the order form.

Once the fundraiser is complete, please detach the order form with your orders and don’t forget to select a prize! Please return the order form along with your money to the Forbes High School administration office on or before Tuesday 11th June 2013. We will advise a date of when the cookie dough and prizes will be delivered to the school. Please ensure that you make arrangements to collect your cookie dough order on the day of delivery as the product is frozen and we do not have enough storage to store your order when the cookie dough arrives.

CLAIM THE DATE – 2013 JUNIOR DINNER DANCE
Friday 30th August – 7.00pm – Forbes High School Hall
Mark this important date in your diaries now!

SCHOOL WEBSITE
The school website is constantly being updated with new photos, calendar dates and information.
Visit www.forbes-h.schools.nsw.edu.au to find photos and information about our wonderful school.
KOORI KORNER
G’day and welcome to Term 2 2013.

At the end of last term we had some exciting news with Joanna Spencer being one of the lucky winners of the Two Way Together Scholarships for Western Region. This saw Joanna being able to put her Scholarship money towards a new laptop computer and study guides to be downloaded onto the laptop to help her with her Year 12 subjects. The Two Ways Together Scholarships are open to every Indigenous student in the Western Region in years 11 and 12.

NAIDOC planning is well underway with Forbes North Public School, Forbes Public School and Forbes High School once again combining celebrations similar to last year’s successful day but this year will see infants also coming up for the performances. This year NAIDOC will be run on September 18th starting with the performances and Indigenous games followed by Bbq lunch. The afternoon will see the High school playing Indigenous games. We would like to invite Parents/ Carers and the Community to attend all or part of the day. Our Community NAIDOC day will be held on July 24th so come along to that as well.

AECG is an important part of your Aboriginal child’s education and you may not know it. It is the peak lobbying group for and about Indigenous education in NSW. Forbes branch meets regularly and would welcome any community member who has an interest in the education of our future generation to come, have your say and hear what the schools are currently doing. Our next meeting is at FHS, 11.30 am on 17th June. After which we are offering Merit Selection training, this training enables you to sit on interview panels to help the school select teachers and executive members of staff. We need a larger pool of Aboriginal people to have this training so that we are not relying on the same people all the time.

Forbes TAFE is about to run a Cert 2 in Hospitality this will start on August 5th. They hope to also run Cert 2 in Wiradjuri Language and Agriculture next year. If you are interested please contact Forbes TAFE on 68539100.

Lastly my thanks to Donna who stepped in for me recently when I was on sick leave she did a great job on what I’d say was a steep learning curve.

Mrs Joy Russell

FOOD TECHNOLOGY – RECIPE OF THE WEEK
Japanese chicken yakitori

Ingredients (serves 4)
• ½ cup reduced-salt soy sauce
• ¼ cup chicken stock
• ¼ cup rice wine
• ¼ cup caster sugar
• 500g chicken thigh fillets, trimmed, cut into 3cm pieces
• 4 green onions, trimmed, cut into 4cm lengths
• Steamed rice, to serve

Method
1. Soak skewers in cold water for 15 minutes. Drain.
2. Meanwhile, combine soy sauce, stock, rice wine and sugar in a small saucepan over medium-high heat. Bring to the boil. Reduce heat to medium. Simmer for 5 minutes or until sauce has reduced and thickened slightly. Allow to cool completely.
3. Thread chicken and onions onto skewers. Place onto a plate. Brush with sauce.
4. Preheat grill on medium-high heat until hot. Grill skewers, basting with sauce, for 6 to 8 minutes or until cooked through. Serve with rice.

Notes & tips
You’ll need 12 bamboo skewers.

RED CROSS BLOOD BANK

The Red Cross Blood Donation Service visited Forbes this week and many of our staff and students took advantage of the bulk appointments the school was allocated. Appointments have been secured for their next visit on Wednesday 21st August 2013 from 1.00pm to 2.00pm. If you would like to take one of these appointments please contact Anita Morrison on 0405364512. Anita is happy to deliver and pick up from appointments on the day. Teachers will be allocated the earlier appointments in an attempt to minimise disruption from attending sport. It is envisaged that if we continue to increase the number of appointments we utilise that Forbes High School will be allocated their own visit and the service will be located within the school grounds for a day so please take advantage of this opportunity to give blood and save lives.
2013 Year 10 Semester 1 Examinations Timetable

- If you know that, you will not be present for any exams or if you are absent on the day of an exam, you must see the Head Teacher of that subject, who will organise a replacement time for your exam(s).
- Make sure you familiarise yourself with the exam rules, printed below..
- All exams will be in the hall.

<table>
<thead>
<tr>
<th>PERIOD</th>
<th>TUESDAY 4TH JUNE 2013</th>
<th>WEDNESDAY 5TH JUNE 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td>DEAR</td>
<td>AS NORMAL</td>
<td>AS NORMAL</td>
</tr>
<tr>
<td>1</td>
<td>ENGLISH (90 minutes)</td>
<td>MATHEMATICS (90 minutes)</td>
</tr>
<tr>
<td>2</td>
<td>SCIENCE (90 minutes)</td>
<td>HISTORY (45 minutes)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Geography go to your normal class</td>
</tr>
<tr>
<td>4</td>
<td></td>
<td>NORMAL CLASSES</td>
</tr>
<tr>
<td>5</td>
<td>Lessons as normal</td>
<td>Sport as normal</td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Read the following Examination Policy you are expected to follow!!!

- Mobile phones are not to be brought into or used in the examinations. They cannot be used as a calculator. If you must have one, for any reason, it must be on silent and handed to the supervising teacher at the start of the examination.
- A letter regarding non-attendance and an N-warning may be sent home if a student fails to attend an examination without prearrangement.
- Full school uniform must be worn to all examinations. There is no wearing of hats in the exam room.
- Students may have water in clear plastic drink bottles only. Students may have medicated confectionary eg cough lollies.
- Students cannot borrow any items (eg calculators, pens etc) once the examination has begun.
- If a student needs to go to the toilet, they are to raise their hand and wait to be granted permission.
- Only illness, misadventure, or prearranged leave will be considered if a student misses an exam. Otherwise, the student will receive zero. Misadventure forms may be obtained at the front office.
- If a student is found to be cheating they will have their exam paper cancelled and will receive zero for that exam.
- Student’s bags are to be placed inside the hall along the side walls away from student contact.
- Students must obey all instructions given by supervising staff. Students are not to talk or to attempt to disrupt the exam in any way. If this occurs they will be removed from the hall and receive a mark of zero.
- Once the examiner has begun the exam, there is to be no communication between students until they are instructed that the examination is over and they have left the hall.

Students should bring for all exams: pens, lead pencils, eraser, ruler, highlighters (optional)
Additionally for maths and science: Calculator, geometry equipment
FREE EYE TESTING
The Wellington Aboriginal Medical Service will be out reaching free eye testing to the Parkes Shire Aboriginal Community.
This is a free service and is being outreached to the Parkes and District Neighbourhood & Community Information Centre once every 3 months.
Please phone Amanda Corcoran at the Parkes Neighbourhood Centre to book for your free consultation. Phone 68624140

HENRY LAWSON FESTIVAL GRENFELL
2013 Busking competition – Saturday 8th June 9am to 12 noon. Free entry, prize money and trophies to be won. To register contact Belinda Day, Busking co-ordinator. belindadaymusic@bigpond.com

WELL WOMEN WORKSHOP
Free event – morning tea and lunch provided. Come and hear some yarning from Aboriginal and Torres Strait Islander women about looking after your breasts and what you can do.
Where: Yoorana Gunya.
When: Friday 14th June at 10am.
To register or make an inquiry call 68501222

RAISING MEN
Raising Men is for boys aged 12 to 15, and their father or significant mentor. The program includes a 3-day bush camp, pre-meeting, follow up sessions and a mothers program. This new structure has moved away from a 6 day camp, allowing the program to become more accessible and affordable for families.
Research clearly indicates Australian teenagers are experiencing significant and unacceptably high levels of issues impacting on their wellbeing. These include: mental health disorders, intoxication, homelessness, victims of violent crimes, youth suicide, teen pregnancy, eating disorders, to name a few. Raising Men is a Rite of Passage program that invites boys and their families to acknowledge their transition into manhood. This process has the ability to build stronger family relationships, increase self-esteem and motivation and strengthen communication skills.
info@raisingmen.com.au or www.raisingmen.com.au or phone 66843892

EXPERIENCE LIFE AS AN OVERSEAS TEENAGER WITH WEP!
WEP's not-for-profit student exchange programs give secondary students the opportunity to choose from over 20 countries to live and study for a summer, semester or year. Have the time of your life! Our volunteer host families look forward to inviting you into their community, sharing their culture with you and learning about yours. WEP is also offering scholarships towards semester and year-long student exchange programs to Argentina and China commencing in 2014

Upcoming Information Sessions
Sat, 11 May (12 noon - 4pm) - Melbourne / OPEN DAY!
Tues, 14 May (7:30-9pm) - Sydney
Sat, 18 May (10-11:30am) - Lismore
Sat, 18 May (10-11:30am) - Cairns
Wed, 22 May (7:30-9pm) - Melbourne
Thur, 23 May (7:30-9pm) - Brisbane

Find Out More!
If you would like to go overseas or invite an exchange student into your family, simply request a FREE information pack, including our brochure, fee sheet and FREE application form:
- visit www.wep.org.au
- email info@wep.org.au
- call 1300 884 733

INDOOR CRICKET COMPETITION
The 2013 winter Indoor Cricket Competition commences on Tuesday 21 May and will run through to the beginning of September. Last year’s competition winners were Michael Leggs Storage Solutions and Forbes Inn runners up. The teams are 8 a side and games commence at 6.30pm. Nomination of teams are now being taken please contact Doug Mckenzie on 0412287810 and email dougmck63@yahoo.com.au

Year 11 Lake Cowal Excursion