As we move into the second half of term 4 it is definitely an industrious time at Forbes High School. Year 11 students have officially begun their HSC studies whilst students in years 7-10 are completing their final weeks and assessments for semester two. As a result information is being gathered by teachers to complete comprehensive reports that provide an indication of students’ strengths and areas for improvement. Reports will be distributed on Friday 12th December which coincides with our Presentation Assembly. Our assembly will begin at 10am in the hall and I invite all family and friends of Forbes High School to attend and celebrate the achievements of our students.

Monday 3rd November marked a significant day in the history of the school as our NAIDOC Debating team were crowned the NSW State NAIDOC Challenge debating champions. After regional qualifying in Cowra and regional finals in Dubbo the team travelled to Sydney to compete at the state final. The team consisting of Danielle Jenkins, Nic Mulligan, Maddison Collits and Paige Thomas defeated Tempe HS in the final. Congratulations to the team and their coach Mr Swan on their achievements.

Year 12 participated in their final official school function on Saturday 8th November at the graduation dinner. The night was an opportunity for our students to celebrate with their family, friends and teachers and to reflect on their time at Forbes High School. I would like to thank Mrs Jones for leading the organisation of the event and for her ongoing support of the students as year advisor throughout their high school years.

On 30th August, 2012 Private Nathaneal Galagher was killed in action as part of the 2nd Commando Regiment in Afghanistan. Nathaneal attended Forbes HS from 2001 until 2006. An intimate commemoration with family, friends and teachers took place in the Judith Taylor Rose garden on Saturday 8th November to lay a plaque in celebration of Nathaneal. I would like to thank Mrs Sue Cunningham for the organisation of the plaque, along with the Forbes sub-branch of the RSL, and for the fitting service.

Once again Forbes HS will lead the way in raising community awareness around domestic violence with the organisation of and participation in the White Ribbon Day march. At 10.00am on Tuesday 25th November students and teachers will be joined by community members in marching from Cross Street to Victoria Park. The community will then participate in activities aimed at raising awareness around supporting victims of domestic violence and they will be entertained with musical items from our students. I would like to invite all family and friends of Forbes HS to join us on the day.
The Student Representative Council held a Halloween Disco for Term 4. The disco was well attended and the costumes and make up were fantastic. The canteen was very busy cooking up scallops and which proved to be very popular on the night.

The SRC has held some very successful events this year raising valuable funds which has been used to purchase equipment that can be used at future events.
**CUPCAKE DECORATING WITH MRS ALLEY**

Year 7 & 8 Food Technology students were very lucky to be able to participate in a cupcake decorating workshop with local cake decorator Leanne Alley (mother of Gabrielle) last week. Leanne ran a demonstration lesson for each class, showing students multiple techniques to decorate cakes using buttercream icing and fondant. She also brought along her massive toolbox containing everything from edible spray paint and edible glitter to fun sticks and choco balls. Both classes then each had a practical lesson where they could implement the techniques of their choice and came up with some very creative, colourful and quirky cupcake designs.

Thank you so much to Mrs Alley for sharing her expertise and allowing the students to use all of her equipment.

**BOOK REVIEW:**

**Redeeming Love**

In her best seller, Francine Rivers tells a timeless story anew. The story takes place in the midst of a gold rush - California, 1835. Since before she was born, Angel has only ever been exploited in the world of men in which she lives – by the monster 'Duke,' her father, her step-father Rab, and every other man she has ever met. That is, until she meets Michael who offers to take her away from her unending misery. Michael, Angel's protector. Michael, who accepts her – and her past. Michael, who is in love with her. But is that enough to save her?

Soon Angel begins to feel unease. She is scared of what Michael is doing to her well-constructed barriers, which keep her emotions so safely tucked away from humanity. So she runs... anywhere without him. She soon falls lower than she has ever been before. And despite what she has done Michael once again brings her out of her tragic life. More and more problems weigh up against Angel, and her resilience is tested – as the detestable Duke returns for her.

*Redeeming Love* is truly the book that has it all – romance, history, cowboys, acceptance, romanticism, mystique, and life-long friendship. This is a journey of one woman's escape from both mental and physical oppression. It is a beautifully written book, with a breath-taking end.

Reviewed by Hannah Hunt

**LOCAL HISTORY RESEARCH:**

**CAN YOU HELP?**

I have just begun trying to compile a list of past Forbes High School students who have been involved in conflict or peacekeeping operations, e.g. WWI or II, Korea or Vietnam, East Timor, etc.. They may have enlisted as a soldier; or perhaps they were a medical officer or nurse. Although the secondary school only became known as a High School in 1955, I would still like to research those who attended secondary classes at either the Intermediate School or before that, the Superior School.

If you have any family information to show that one of your ancestors or living relatives:

a) attended secondary classes in the Public School system at Forbes, and

b) were involved in conflict of peacekeeping, would you please contact me –

heather.parker@det.nsw.edu.au

Heather Parker – History Teacher

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Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.
NAIDOC DEBATING TEAM – BEST IN NSW
The Department of Education and Communities runs a public speaking and debating competition to celebrate NAIDOC. Forbes High School selected the following students to be a part of the team: Maddison Collins (1st speaker), Paige Thomas (2nd speaker), Danielle Jenkins (3rd speaker) and Nic Mulligan (Team Advisor).
The students had to prepare two arguments, one for the affirmative and one for the negative. They debated whether ‘The Australian Government has properly recognised the contribution of Aboriginal service men and women during and after war time’. The students began their journey to success in Cowra. There, they placed as runners-up but earned themselves a place at the Western NSW finals held in Dubbo. When debating in Dubbo, the students beat Cowra High School (who had defeated us at the local level) and found themselves in the final against Denison College – Kelso High Campus. They won convincingly and sealed their position as a State finalist.
The students and Mr Swan travelled to Sydney on Sunday the 2nd of November. Upon arriving in the city, students took part in some Traditional Indigenous Games and had a barbeque in the beautiful Botanical Gardens. The students were not intimidated by the other schools ‘scare tactics’ and remained cool and calm throughout the evening.
Monday morning saw an early start at the Sydney Parliament House. They were pitted against Kanahooka High School from Wollongong. The team won the coin toss and the choice of which topic to argue, the students chose the negative case. They definitely had the audience on their side with the raw emotion and intellectual arguments they made. They won convincingly and earned themselves a place in the Grand Final against Tempe High School from Sydney, a partially selective academic high school approximately three times the size of Forbes High School.
Losing the coin toss, students were given the negative case to argue. Tempe proved tough competition, but the skill of the students saw them remain calm and they successfully swayed the audience and adjudicators to their case. The students were in complete shock and jubilation when they were announced as winners of the competition. They each received a trophy and a $100 gift card. They also won a beautiful plaque set against the backdrop of an Aboriginal artwork, to be displayed at the school for 12 months.
The competition is designed for students in senior years, so it is even more credit to the students that they managed to win it, particularly with our students being in Year 7 (Paige Thomas), Year 9 (Maddison Collins and Nic Mulligan), and Year 10 (Danielle Jenkins). Unfortunately there is no national competition, but the students can be proud of their efforts. They have most certainly earned the bragging rights to say that they are the best NAIDOC debating team in all of NSW! Well done to the students. If they are able to achieve this at such a young age, you can only imagine what they will achieve in their lifetime. Keep your eye out for them in the future!

STAFF PROFILE
Name: Pam McConnell
Place of Birth: Forbes
Star Sign: Capricorn
Where you went to High School? Forbes High School
How many years teaching at FHS? 6
Number in current family? 5
What is the most important thing in your life? My best friend Brad
What is your favourite past time? Watching breath taking sunsets
Best book or movie? Frozen – nothing better than a good love story
What is your favourite food? Thai
Best holiday destination? Hawaii
Who is your idol? My fellow co-worker – Brett Brad Bainbridge
What are three things you can’t do without? Freedom that we live in, Love and compassion & Respect!
P&C NEWS
The next meeting of the Forbes High School P&C will be held on Tuesday 9th December at the Forbes Services Memorial Club. This will be the last meeting for 2014 and will commence at 6.30pm followed by dinner at 7.00pm at own expense. Everyone is welcome to attend and please bring a friend.
The P&C now have a Facebook page so please like us to stay up to date with meeting reminders and other important news.
STUDENT PROFILE
Name: Alex Constable
School: Forbes High School
Year: 8
Age & Birthday: 15 – 15th February
Do you have any nicknames? Al
Do you have any brothers or sisters? Yes – Laura, Jake & Will
What is your favourite past time? Watching movies
Do you play any sports? What? No
What is your favourite food? Lasagne
What do you want to do when you grow up? Become a Policeman
Who is your idol? Superman
What are three things you can’t do without? Family, Music & Movies

KOORI KORNER
Hi everyone, another busy time for the AB Ed team, with last week having celebrated our postponed NAIDOC.

With the current heat we decided to go to the pool for the afternoon but before we left we saw a number of our students doing themselves, and the school, proud by really stepping up.

Kaitlyn Wright and Nick Mulligan welcomed the school community to Wiradjuri country at an assembly, then Nadika Vidler-McKeown and Monica Pascoe explained to fellow students some of the history behind NAIDOC week and why it’s important to celebrate it for the Aboriginal people.

Some of our boys, Warren Baxter, Kaidyn Haynes, Liam Thorpe and Kristian and Ethan Markwort, performed the welcome dance for students and staff and did a wonderful job with very little preparation. I, personally, look forward to watching the boys dance again when they have a bit more time to prepare. We also had our very own special guest in Sam Taylor who did his very entertaining show off dance much to the delight of the crowd.

The students and staff then went to the pool where the students had a barbeque lunch. Everyone was able to sample traditional meats, Emu, Kangaroo and Crocodile and sausage sandwiches were also available. The students had the choice of playing traditional games or swimming with most taking advantage of the inflatable obstacle course, made available by the pool.

Thanks must go to the pool staff who were wonderful assisting with preparations for the day. This day would not happen without the support of staff and I’d like to thank Mr Sherritt, Ms Karen Norris, Mrs Marilyn Holstein, Donna Haines and our fearless leader Mr Daniel West for having the food ready for when the students arrived at the pool. I’d also like to thank all the staff and students for making the day so special.

This Thursday the 13th will see our Girri Girri students going to FPS to help with their NAIDOC celebration by playing traditional games with the students. Hopefully we will have more photos of that day next time.

Donna, Barry, Westy and Joy

50 YEARS OF SCHOOLING
Forbes High School will be celebrating 50 years of schooling in Wyndham Avenue on the 14th & 15th of November 2015.

We are seeking past students and staff to form a committee to assist with preparations. We would like as many year groups represented as possible.

If you would like to help please contact Anita Morrison on 0405364512.

SCHOOL UNIFORM CLOTHING POOL
If you have any FHS uniforms sitting at home unneeded can you please donate them to the FHS clothing pool.
**COMMUNITY NEWS**

**AECG MEETING REMINDER**

The next meeting of the Aboriginal Education Consultative Group will be held on Monday 24\textsuperscript{th} November commencing at 11.30am at Mezzanine, Rankin Street, Forbes.

**FORBES NEIGHBOURHOOD WATCH**

Forbes Neighbourhood Watch invite you to attend their final meeting for 2014 and Christmas Party on Monday 1\textsuperscript{st} December at the Forbes Services Memorial Club. Meeting will commence at 6.30pm followed by dinner in the Bistro at 7.00pm at own expense.

**CYBER CRIME & SOCIAL MEDIA PRESENTATION**

Police from the Lachlan Local Area Command are running a presentation on cyber-crime and social media for parents/guardians and any other interested adults. It is similar to the presentation given at local schools (to give parents an idea of what we tell the students), and will cover common cyber offences, social media safety and how to protect yourself online. The aims are to equip you to speak more confidently to your children about issues with social media and the cyber world and things to look out for and raise awareness of issues in the cyber world. It won’t be covering scams.

If you’d like more information, please call Senior Constable Daniel Greef, Crime Prevention Officer, at the Lachlan Local Area Command on 6862 9999.

FORBES: 7pm on Thursday, 27 November at the Northside Chapel, Johnson Street.

Any parents/guardian or interested person is welcome to attend.

**SOUTHERN CROSS CULTURAL EXCHANGE**

**HAVE FUN, MAKE NEW FRIENDS, AND LEARN ABOUT ANOTHER CULTURE!**

Volunteer to host an international high school student arriving in Australia in February 2015, and you’ll be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for their 3, 5, or 10 month programs from France, Germany, Italy, Sweden, Norway, Denmark, Finland, Japan and USA. They will live as a local, attend a local secondary school, arrive with their own spending money, and comprehensive insurance cover, all arranged by Southern Cross Cultural Exchange. You choose the nationality, the gender, the duration and the interests of the student that you feel is the best match for your family. Visit us at www.scce.com.au, email scceauth@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship!

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**MARY MESSNER’S SWIM SCHOOL**

Lessons - $5.00 each
Forbes Indoor Heated Pool
Training Session - Mornings Only!
Forbes Olympic Pool
For more information contact Mary on:
Mobile: 0488571133
Email: gtangus1@gmail.com

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**2014 Central West Disability Expo**

Orange Function Centre, Eyles St, Orange NSW
FREE ADMISSION

**FORBES COMMUNITY CAROLS BY CANDLELIGHT**

SUNDAY 7\textsuperscript{TH} DECEMBER
VICTORIA PARK
8.00PM

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**UNE is hosting the ConocoPhillips Science Experience**

13-15 January 2015
for all year 9 and 10 students who are looking for a hands-on science experience

Register at: scienceexperience.com.au
Contact: Richard Willis
p: 02 6773 2615 or
e: rwillis@une.edu.au

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“Education for a Better Quality of Life”