PRINCIPAL’S REPORT

As we pass the mid-way stage of Term 2 staff and students continue to be involved in a wide variety of opportunities across the school context. Our Year 10 and 11 students have recently completed their mid-course examinations and the feedback received from their results will provide important information on their progress and identify successes and areas for improvement. Similarly Years 7 and 9 have completed NAPLAN testing and these results too can provide information which will be used to plan for effective teaching and learning strategies in the classroom.

On Wednesday 27th May 100 students attended our annual PBL rewards excursion to game one of the State of Origin at Stadium Australia. It was encouraging to recognise so many students with invitations to take place in the ballot for the limited spaces that were available. The criteria for eligibility was that students were exhibiting respectful, responsible, honest behaviour and doing their best across the whole school setting throughout this term. I would like to thank Ms Northam, Ms McConnell, Mr T West, Mr Harris, Mr Doyle and Donna Haines for accompanying the students on the trip.

We have been focusing as a school over the past month to be responsible and do our best in terms of our uniform. The benefits of wearing school uniform are well documented and this includes:

- Defining an identity for the school within the local community
- Developing students’ sense of belonging to the school community
- Providing an opportunity to build school spirit
- Enhancing the health and safety of students when involved in school activities
- Promoting a sense of inclusiveness, non-discrimination and equal opportunity
- Increasing the personal safety of students and staff by allowing easier recognition of visitors and potential intruders in the school
- Promoting positive perceptions of the school within the local community
- Making school clothing more affordable for families by eliminating the risk of peer pressure to wear fashionable and expensive clothing

I would like to congratulate the majority of students for supporting the above and for adhering to our policies and procedures.

On the sporting field our students have been active in a wide range of sports and competed in both state wide knock-outs and regional trials. Our opens University Rugby league team has qualified for the Western Region final against Dubbo Senior College after a resounding win over Wellington HS in the semi-final. Two of our students, Charlie Staines and Tai Baxter, recently represented Western Region at the CHS State trials. Through his performances Charlie was selected to represent NSW CHS in Rugby League, a fantastic effort.

Forbes High School will be celebrating our 50th Anniversary at our current address in Wyndham Avenue on Saturday 14th and Sunday 15th November. Two major events have been organised to coincide with this, the first being a cocktail reception on Saturday night and the second will be a school tour on Sunday. More information on this is available on the flyer contained within this newsletter.

NATIONAL SORRY DAY

On Tuesday 26th May more than 100 students and staff attended the community National Sorry Day event which remembers and raises awareness of the government policies that resulted in Aboriginal children being separated from their families and the impact which this has had on those children, their families and the community.
TEXTILES & DESIGN
This Term Year 7 Textiles have been working on their major project of designing and constructing a pillow case. Below is a picture of Jack Cole proudly displaying his finished project and John Darcy eagerly working towards completing his. Mrs Coote has been impressed with students workmanship and efforts towards this project in class.

INDUSTRIAL ARTS
Oliver Carlisle satisfied with his well-made bedside cabinet

Abby Hodges-Lockwood and Whitney Duffy practicing letter stamping in sheet metal

Kyle Ryan is a looking pleased with his sturdy tool and pop-riveting effort.

STUDENT PROFILE
Name: Sarah Duncan
School: Forbes High School
Year: 11
Age & Birthday: 17 – 7th April
Do you have any nicknames? Sarah Smurf
Do you have any brothers or sisters? Yes – two sisters
What is your favourite past time? Shopping
Do you play any sports? What? Mini Golf
What is your favourite food? Spaghetti & Meatballs
What do you want to do when you grow up? Play Aussie Rules with Collingwood
Who is your idol? Lucy Blatch & Sam Clifton
What are three things you can’t do without? Caitlin – twin sister, Brianna – sister & Collingwood Teddy
YEAR 7 FOOD TECHNOLOGY PRACTICAL ASSESSMENT

On Tuesday the 19th May, Year 7 Food Technology students participated in a practical assessment task to demonstrate food preparation and hygiene skills learnt this semester. Students designed an original breakfast muffin prior to the practical assessment in class using a basic muffin recipe. Some of the creative ideas included Nutrigrain and banana muffin, cherry and pineapple and wholemeal banana oat muffin with a honey dipping sauce.

This fail safe recipe is the base for the muffins baked in class. Just add one to one and a half cups of flavour ingredients of your choice. I always like to add vanilla essence or a spice like cinnamon (depending on the flavours added to the base).

Basic muffin mix
Ingredients
2 cup self-raising flour
1/2 cup sugar
1 egg beaten
1/4 cup oil
1 cup milk
Method
STEP 1 Place all ingredients in a bowl.
STEP 2 Mix until just combined.
STEP 3 Bake at 180C for approximately 20 minutes.

Below: Emily Jack and Grace Martin with their wholemeal banana oat muffin with a honey dipping sauce.

P&C NEWS

The P&C would like to thank the Forbes Inn Hotel for their generous support through their weekly meat raffle. Our organisation received in excess of $900 for the two month period as benefactors.

The next meeting will be held on Tuesday 9th June at the Forbes Services memorial Club commencing at 7.00pm. Everyone is welcome to attend and please bring a friend.

DRAMA ENSEMBLE

The Drama Ensemble is up and running. You could even argue that they are now flying (see pictures). We are focusing on the skills of teamwork as we learn a variety of balances and lifts that can be used in physical theatre performances.

The Year 11 Drama class have been working hard all term on creating a performance. Their focus is ‘Nightmares’. It had originally started out as quite a dramatic and dark piece, but has slowly moved to a more comedic focus as we see the nightmare of One Direction breaking up, Pink Panther-esque break-ins, and clowns.

The Stage 5 class have used their skills and mastery of the Stanislavskian method acting techniques to present their monologues and duologues for assessment. The students also got to experience performing under stage lights. This helped ease their fears as they couldn’t see the audience for the lights were so bright!

All of the Forbes High Drama students have risen to the challenge and you can be sure to watch this space as there is no doubt they’ll be coming to a stage or screen near you soon!

YEAR 12 VISUAL ARTS

Case Study 3: 'Dancing Shiva Debacle'
Oral presentation
Due: Monday 1st June – Friday 5th June

Case Study 4: What is Old is New Again
Research – Oral Essay
Due: Friday 19th June

Thank you
Forbes High School would like to acknowledge the on going support of our student programs from Woolworths Supermarket and Barrick Gold, Lake Cowal Mine. Without these partners many programs at Forbes High would not run.

SCHOOL UNIFORM CLOTHING POOL

If you have any FHS uniforms sitting at home unneeded can you please donate them to the FHS clothing pool.

VOLLEYBALL

On Monday 11 May the Boys & Girls Volleyball teams travelled to Orange and Cowra to compete in the school knockout. The boys went down 3 games to 2 against Cowra and the girls went down 3-0 against Orange. Both teams played really well and displayed great sportsmanship.
**SPORTS BRIEF!**

**Athletics champions 2015**

A very successful athletics carnival was held on Friday 1st May. The Age Champions & Winning House were awarded medals at the school assembly.

- **12 years** Latarsha Johnson (not pictured) & Corey Green/Cayden Ryan
- **13 years** Jackson Ferguson (not pictured) & Grace Martin
- **14 years** Konnor Ryan & Kara Bray (not pictured)
- **15 years** Tai Baxter & Georgia Martin
- **16 years** Warren Baxter & Tasha Shaw
- **Opens** Ozzie Toole & Nicole Morrison

**Winning House** Wiradjuri

Captains Mathew Molloy & Nadika Vidler McKeown

**Cross Country 2015**

A beautiful autumn day greeted competitors of the Annual Cross Country on Wednesday the 6th of May. The course had changed reducing the overall distance but it would none the less still be a challenging 6.2 km run. The gun went off and the runners charged to gain a good position for the run down the stock route. Oliver Carlisle set a cracking pace early on in the race, but he was never out of sight of his nearest competitors in Ozzie and Regan Acret. Mr Moore found himself short priced favourite to takeout the staff section of the race but was hampered early on getting caught behind a wall of enthusiastic, but ultimately slow runners. Mr West came out of retirement to show his work studies class he still had what it takes, the ultimate competitor within began to shine as he moved through the field and recorded the fastest ever time for a careers advisor, beating Mr Sharpe's previous record by over half an hour. Monica Pascoe began to really assert herself in the opens girls and together with Jed Herbert, Dock Rix and Jack Dunn lead the chasing pack. Alister Carlisle showed he wasn’t going to let Ollie get too far away and stuck within striking distance of his older brother, Alister was also pushed all the way by Mrs Coote, Forbes High School's own long distance guru, for Mrs Coote the 6.2km track would merely be a warm up for her nightly half marathon. The course began to take its toll and runners became walkers as people tried to get some oxygen back in their lungs. This gave Mr Bainbridge the opportunity he had been waiting for, using his superior race tactics he began to briefly overtake some of the walkers before ultimately succumbing to the brutal course and joining the walkers for a much needed breather and catch up on the gossip. The race concluded with a great finishing burst from Ozzie, who powered his way to the line to be first home. It was not an easy win as Regan pushed him all the way despite giving away many years in experience, Ollie rounded out the place getters and was brave in defeat to earn third place overall. Jed Herbert, Dock Rix and Jack Dunn were the next to finish all finishing the race in impressive times all under 30 mins. 2 House points were awarded to all of those competitors who finished the course in under 1 hr with the top 5 place getters in each age group gaining between 5 and 25 points each for their house. With many fantastic results this will no doubt put us in good stead for the Western Region cross country to be run in Guerie on the 10th of June.

Congratulations to all of those who participated on the day.

**School Sports Shirts**

Now $30


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**SCHOOL WEBSITE**

The school website is constantly being updated with new photos, calendar dates and information. Visit [www.forbes-h.schools.nsw.edu.au](http://www.forbes-h.schools.nsw.edu.au) to find photos and information about our wonderful school.
STAFF PROFILE
Name: Joy Russell
Place of Birth: Forbes
Star Sign: Pisces
Where you went to High School?
Forbes High School 1972 - 1975
How many years working at FHS?
12 Years
Number in current family? 4
What is the most important thing in your life? Family
What is your favourite past time?
Reading & Sewing
Best book or movie? Anna Karenina by Leo Tolstoy
What is your favourite food? Any
Best holiday destination? Still to come
Who is your idol? My husband
What are three things you can’t do without? My Mum, my Husband & my Boys

NEW CALEDONIA
Time has flown and the Forbes High School New Caledonia cultural immersion excursion is almost upon us, with only just over 4 weeks until the groups’ departure on June 26th. Mrs Bass, Mr Ward and Mrs Morrison will be jetting off to New Caledonia with a group of 24 students to experience the vibrant French culture of Noumea. The group will be in Noumea for 7 nights, going on fantastic tours and day excursions including a day at Amedee Island, a visit to the Tjibaou cultural centre and the fantastic night markets in the heart of Noumea.

The group are extremely excited and are counting down the hours and minutes until departure time!

A reminder for students and parents:
The final parent information session will be held on June 11th at 6:00pm in the FHS library.

Pacific Francs can be ordered at some banks and through Hello World travel agents in Forbes.

If you require any further information please contact Mrs E.Bass on:(T) 6852 2666(E) emily.turner38@det.nsw.edu.au.

ONLINE PAYMENTS
It is now possible for parents to make online payments to the school for amounts owing for students, via a secure payment page hosted by Westpac. Payments can be made using either a Visa or MasterCard credit or debit card. The payment page is accessed through the school’s website by selecting the 'Make a Payment' link.

Items that can be paid include voluntary school contributions, subject contributions, excursions, sport and creative and practical arts activities. There is also a category of ‘Other’ to cover the Sale of Goods to Students e.g. Calculators, Art Books & Sport Shirts.

When you access ‘Make A Payment’ you will need to enter:
• The Student's Given Name and Surname and their Date of Birth.
• Please select which items you would like to make a payment or donation for under the heading ‘Payment Options’, if it is for an excursion include the title of the excursion e.g. FHS Touch 20/3/15
• Please remember fields marked with an asterisk (*) are mandatory

These details are entered each time you make a payment as student information is not held within the payment system.

This is a secure payment system hosted by Westpac to ensure that your credit/debit card details are captured in a secure manner. These details are not passed back to the school. You have the ability to check and change any details of the payment before the payment is processed. Receipts can be emailed and/or printed.

Details of the payments are passed daily to the school where they will be receipted against your child’s account. As a receipt has been issued from the payment page, a further receipt will not be issued by the school.

For any enquiries regarding the Online Payment process please contact the School Administration Office on 68522 666. Please refer to the following document for detailed instructions on using Westpac QuickWeb to make online payments to the school. Using Westpac QuickWeb (pdf 394 KB)
Prospective Parents, Carers, & Students are invited to attend
YEAR 7 2016 PARENT INFORMATION EVENING
Monday 22nd June 2015
Forbes High School Library
6.00pm – 7.00pm
A light supper will be provided
Come along and meet our staff & student representatives, tour
the schools facilities and hear about the exciting programs,
opportunities & experiences available to students at Forbes High.
For further information please contact
Mrs Emily Buss on 6852 2666

Further Information
Forbes High School
T: 02 6852 2666
E: forbes-h.school@det.nsw.edu.au
http://www.forbes-h.schools.nsw.edu.au

Celebrating 50 Years
1965 - 2015
November 14th & 15th, 2015

Forbes High School Celebrates 50 Years of Public Education at Wyndham Avenue
Past students, teachers, staff & their families are invited to join us at a Gala Cocktail Event
followed by a Tour of the School the following day to celebrate this milestone and catch up
with old classmates & teachers.

Event Details
Saturday 14th November, 2015 - Upstairs Function Area, Forbes Inn Hotel, Rankin Street, FORBES
Cocktails & Canapes: 7.00pm – Dress Cocktail

Sunday 15th November, 2015 - Forbes High School, 13 Wyndham Avenue, FORBES
School Tour: 10.30am

Cocktail Party: $50 includes champagne on arrival, canapes & entertainment.
For ticket information & bookings please phone Anita Morrison on 0405 554 512
Online ticketing available at www.eventbrite.com/Ticketed or www.eventbrite.com/ES5800
Ticket levels subject to book well in advance. Kind reminder.

Tickets & Payments
School Tour: Guided tour of school facilities, official ceremony and morning tea.
To assist with catering bookings must be made by 4th October 2015 – Anita Morrison 0405 554 512 or anita.morrison@school.nsw.edu.au
COMMUNITY NEWS

AECG MEETING DATES
The Forbes Aboriginal Education Consultative Group meet once a term. Meetings commence at 11.30am.
Below is a list of the 2015 meeting dates:
Monday 24th August - Red Bend Catholic College
Monday 19th October - Catholic Education Office
Monday 7th December – Mezzanine

FREE BABY & KIDS CLINIC
1st Thursday of the Month
10am – 1pm
No appointment necessary – drop in at Yoorana Gunya
For more information contact:
Yoorana Gunya on (02) 68501222

The Australian Red Cross Mobile Blood Service is visiting
Forbes
Tuesday 9 June, 9.40am – 2.50pm
(No more donors needed)
Wednesday 10 June, 9.40am – 2.50pm
(8 more donors needed)
Thursday 11 June, 9.40am – 2.50pm
(20 more donors needed)
If you haven’t already made an appointment to give blood,
you can make an appointment online or call us on 13 14 95.
1 in 3 Australians will need blood, but only 1 in 30 donates.
Donated blood helps cancer patients, people with blood
disorders, mothers-to-be and newborn babies, as well as
trauma and surgical patients.

SCHOOL SUPPLIES FOR SALE
The following items can be purchased from the school office at very affordable prices.
- Sport Shirts $30.00
- Beanies $10.00
- Art Books $8.00
- Calculators $25.00
- Tin Whistle $10.00
Forbes High School - Correct Footwear

**UNACCEPTABLE GIRLS ACCEPTABLE**

- Fully enclosed black leather

**NOT, fully enclosed**

- NOT, fully enclosed black leather – heel is open.

**UNACCEPTABLE BOYS ACCEPTABLE**

- Fully enclosed black leather

**NOT, fully enclosed**

**WEDNESDAY ONLY**

- Leather Cross Trainer